

**PUBLIC INFORMATION OFFICE** 

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www.cdhd.idaho.gov

Central District Health promotes wellness in our communities through education, prevention of disease and disability, and preservation of the quality of our environment.

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(208) 327-8552

## **MEALS ON WHEELS NEEDS DRIVERS**

The Meals On Wheels Program needs volunteers to deliver meals to homebound elderly in east Boise and the Boise Bench area. One or more drivers are needed for each meal delivery route Monday through Friday. Each route takes about an hour to complete. For information and to volunteer call Cheryl Johnson at 327-8552.

The Meals On Wheels program delivers more than 500 meals every weekday in Ada County. Businesses are encouraged to participate in delivering meals through the "adopt-a-route" program. The meals can be dropped off directly at the place of business for employees to deliver over their lunch hour. Idaho Pacific Lumber, Power Engineers, Preferred Community Homes and Advance Home Health are examples of businesses that have employees delivering Meals On Wheels every week.

If you know someone who might be eligible for the Meals On Wheels program or if you'd like to sign up to volunteer, please contact Cheryl Johnson at 327-8552. Information on Meals On Wheels and other programs of the Central District Health Department is available online at <a href="https://www.cdhd.idaho.gov">www.cdhd.idaho.gov</a>.

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